

November Activity Plan: Week Four

21	Monday: Cut a sponge into a pumpkin shape. Dip into paint and make prints on a piece of paper.	sponge scissors paper orange paint tray
22	Tuesday: Put vinegar in plastic bottle and baking soda in a balloon. Secure balloon to opening of bottle. When ready, drop baking soda out of the balloon and into the bottle. Watch the balloon blow up!	plastic bottle balloon funnel baking soda vinegar
23	Wednesday: Challenge your child to move a feather across the floor or table by squeezing a turkey baster!	turkey baster feather (tissue paper or fabric scrap)
24	Thursday: Write their name to fill the top of a paper. Stick matching letter stickers below each letter, spell- ing their name over and over again. (No stickers? Write the letters on pieces of paper and glue them.)	paper marker letter stickers
25	Friday: Break out the holiday music and learn a new song together!	

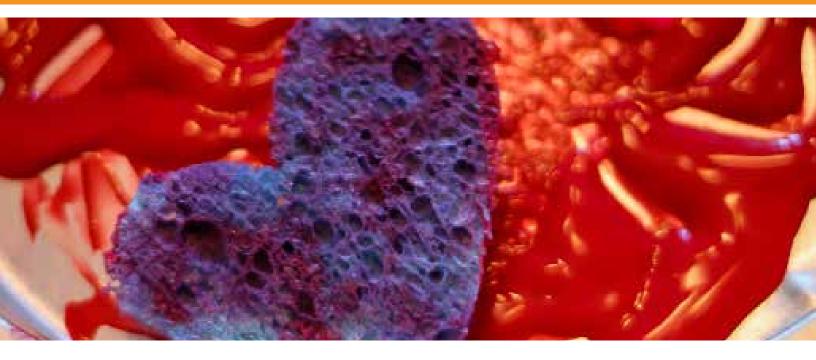


Over the Weekend: Make a plan of the upcoming To Do's through the holiday season. Create a plan for the upcoming holiday season. Write down when those To Do's happen, or when you'd like to make them happen. And when something comes up, you can quickly glance at it and see if you have time, or not (and then just say No).

<u>Click here</u> to download monthly calendars or visit: http://room.handsonaswegrow. com/wp-content/uploads/2016/09/blank-monthly-calendars.pdf

THIS MONTH'S THEME: <u>Prepping for the season.</u>





Sponge Printing	

Supplies:					
sponge					
scissors					
paper					
orange paint					
tray					



Cut a pumpkin shape out of a sponge.



Spread some paint around on a tray.



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Dip the sponge shape into the paint and then onto a piece of paper to make a print of the shape.



Tips:

Cut the sponge into a shape of the current holiday or season. Hearts, clovers, stars, etc.

You may need to dab off the sponge onto a paper towel before stamping onto the paper. Take cleanup to the bathroom sink and kids will love squishing the sponge to clean it out!





Blow Up a Balloon

Supplies: plastic bottle balloon funnel baking soda vinegar



Pour 2 oz of veingar in plastic bottle. Funnel 1 TBSP of baking sode into a balloon.

2

Secure the top of the balloon to the opening of the bottle carefully.



CLICK FOR MORE DETAILS

3

Hold balloon up to drop baking soda out of the balloon and into the bottle. Hold tight to where the balloon is secured to the bottle. Watch the balloon blow up!



Tips:

Don't add too much of either vinegar or baking soda, it could cause the balloon to erupt.

You can reuse the balloons to do the experiment over and over. The science behind the experiment: When baking soda and vinegar mix it creates and gives off a gas (Carbon Dioxide) that blows up the balloon. Carbon dioxide is heavier than air though so it will not float in air if you release it. It is not as light as helium.





Turkey Baster Fine Motor Race

Supplies: turkey baster feather (tissue paper or fabric scrap)



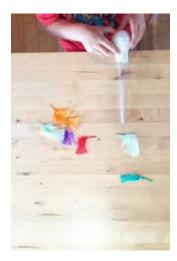
Set out a feather on a flat surface (table or smooth floor).



Give your child a turkey baster.



Squeeze the turkey baster over and over again to blow the feather across the surface.



Tips:

Make it a race! Mark a start and a finish line with tape and time it (or race against each other).

No feathers? Use a piece of tissue paper or a small piece of light-weight fabric. No turkey baster? You can use a paper plate and wave it like a fan instead!

over and over below your

initial name.





Name Sticke	r Match	1	Write your child' paper.	's name at the top of a	
Supplies: paper marker letter sticke		2	Set out several le letters in their na	tter stickers that are the ame.	
CLICK FOR MO	RE DETAILS	3	-	stick matching sticker h letter to spell their ver.	
	Tips: If you don't have letter stickers, you can cut small squares and	abou	t be concerned t them spelling name in full before	Work on writing instead of stickers. Have your child write the letters	

R O O M . H A N D S O N A S W E G R O W . C O M

they please.

moving onto the next

line. Let them match

several of one letter if

write the letters on

child glue them in

place.

those. Then have your