



- 28** **Monday:** Write an activity to do on each strip. Tape, or staple, ends together to make a chain. Take one off and do that activity each day until Christmas!
*construction paper / cardstock
marker
tape or staples/stapler*

- 29** **Tuesday:** Tape lines of tape on the floor equal distances apart and challenge the kids to a jumping game. Measure how far they can jump.
painter's tape

- 30** **Wednesday:** Cut a tree from green paper. Draw lines for garland on it. Decorate tree with stickers along the lines of garland.
*green paper
marker
stickers*

- 1** **Thursday:** Play with newspapers. Rip them up. Wad them up. Dip them in water for a squishy sensory.
*newspapers
water
bowls or containers
food coloring (optional)*

- 2** **Friday:** Write letters to Santa! Tell him the fun you've been having and how excited you are!

- 3/4** **Over the Weekend:** Review your "Categorize Your To Do List" Sheet and plan something that you love to do this weekend. Make a plan to do something next week too!

Review November's Theme of [Prepping for the Season](#) and [download](#) the "Categorizing Your To Do List" if you haven't already.

NEXT MONTH'S THEME: [Find what you love.](#)



Christmas Activity Countdown Chain

Supplies:

- construction paper / cardstock
- marker
- tape or staples/stapler



CLICK FOR MORE DETAILS

1

Cut 1 1/2" to 2" wide strips of paper. Cut enough for every day until Christmas. Write an activity, tradition, craft, on each of the strips.

2

Tape the ends to link them together, making a chain.

3

Take one link off every day and do the activity suggested.



Activity Suggestions:

- Drink hot chocolate*
- Listen to Christmas carols*
- Make Christmas candies*
- Make a holiday wreath*
- Hang the stockings*
- Decorate the kids rooms*
- Look at Christmas lights*
- Write a letter to Santa*

- Make a snow globe*
- Have candy canes*
- Read holiday books*
- Christmas coloring page*
- Watch a Christmas movie*
- Go Christmas shopping*
- Build a snowman*
- Wrap Christmas presents*

- Cut out snowflakes*
- Make wrapping paper*



Tape Jumping Game

Supplies:
painter's tape



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1

Tape 6 lines of tape on the floor, approximately a foot apart (no need to be precise).

2

Start at the first line and see how far they can jump, how many lines?

3

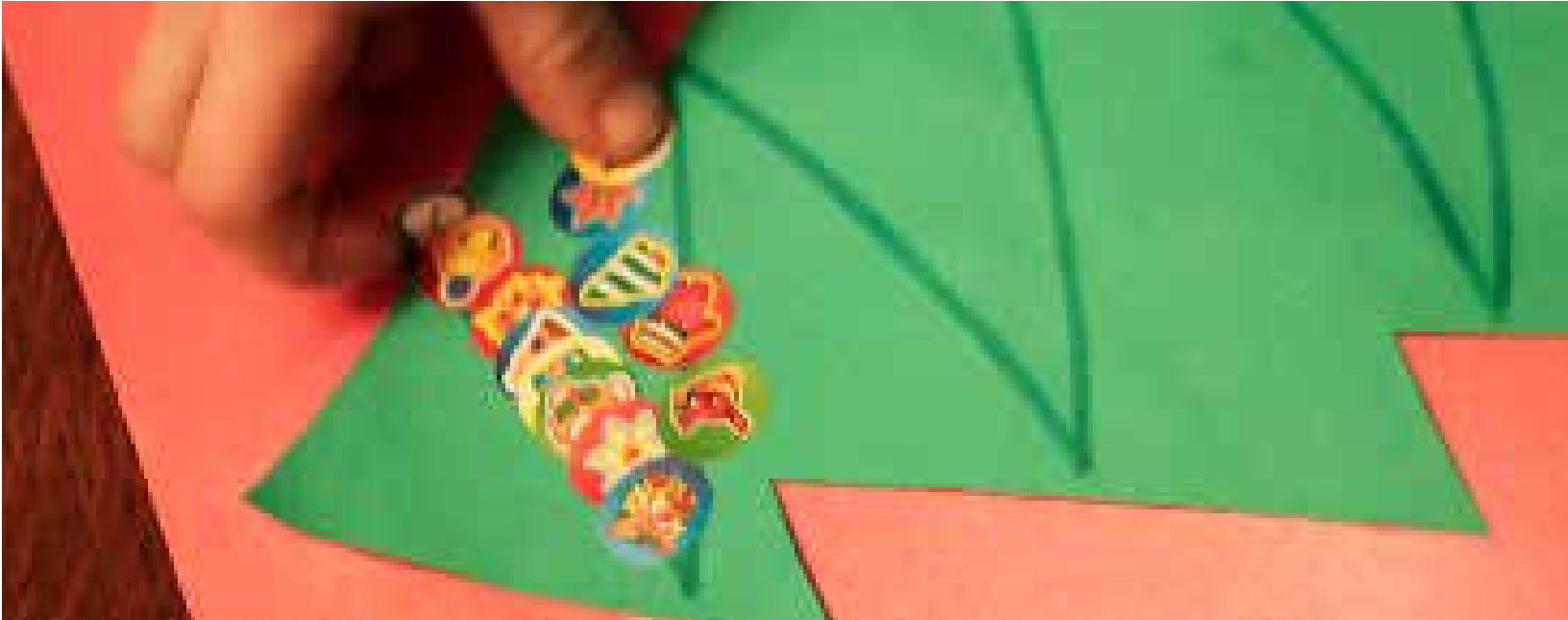
Hop from one line to the next, lay down and measure how many lines long your child is, see how far they can stretch their legs apart, and so on!

Tips:

Take this outside with sidewalk chalk on the sidewalk or driveway too!

Socks and slippery floors don't mix, so test before jumping too far!

Let them wear shoes for this if it's a problem.



Sticker Garlands

Supplies:
green paper
marker
stickers



[CLICK FOR MORE DETAILS](#)

1

Cut a tree out of green paper.

2

Draw lines as garland on the tree.

3

Decorate the tree with stickers. Stick them to the lines of garland.



Tips:

For younger kids, don't draw the line of garland and just let them decorate the tree with stickers to their desire!

Peeling the stickers from the paper is the part that is amazing for fine motor, but many kids struggle with it. Peel them and put them on wax paper to make it easier.

Depending on your stickers, make a pattern on the garland.



Wet Newspaper Sensory

Supplies:

newspapers

water

bowls or containers

food coloring (optional)



CLICK FOR MORE DETAILS

1

Tear newspapers into strips and pieces.

2

Fill a container with water (add food coloring, if desired).

3

Wad the newspaper up and drip into the water for a squishy sensory experience.



Tips:

Add food coloring to the water to dye the newspapers when dipped.

Have a spare, empty bowl to place the wet newspapers, or to squeeze the water out of the newspapers.

Some kids have aversions to this type of sensory experience. (I am one of them.)