



17

**Monday:** Cut a potato in half and carve a face in the flesh of the potato with a knife. Dip the carved potato in paint and stamp it on paper over and over again.

potatoes  
knife  
paint  
paper



18

**Tuesday:** String yarn back and forth between a hallway of chairs. Tape the letter 'S' to the backs of the chairs (beside the string). Follow the string to find all the letter S's.

string or yarn  
paper  
marker  
tape



19

**Wednesday:** Make a lava lamp. Fill a glass bottle 1/3 with water and 2/3 with oil. Add food coloring. Drop in an Alka Seltzer tablet and watch it bubble up!

clear jar  
water  
vegetable oil  
alka seltzer tablets  
food coloring



20

**Thursday:** Cut a large pumpkin out of orange cardstock. Draw a pumpkin face with marker. Write various letters around the edge of the pumpkin, with plenty of P's. Punch out the letter P's with a hole punch!

orange cardstock  
green scrap paper  
marker  
hole punch



21

**Friday:** Try Geocaching as a family.



22/23

**Over the Weekend:** Give yourself a break. Know that you are an amazing parent. No one can do it all. And just by printing off these activity plans means that your kids are lucky to have you. Make a plan to just 'start'.

**THIS MONTH'S THEME:** Learning to let go.



## Potato Stamping

**Supplies:**

- potatoes
- knife
- paint
- paper

1

Cut a potato in half.

2

Carve a jack o' lantern face in the flat, flesh part of the potato.

3

Dip the carved potato in paint and stamp onto paper over and over.



**Tips:**

*You can also paint the potato using a paintbrush instead of dipping it in paint.*

*Use a paper towel to lightly stamp off excess paint before stamping on paper.*

*Carve several different faces and talk about the emotions of the jack o' lanterns*



## String a Spider Web

*Supplies:*

*string or yarn*

*paper*

*marker*

*tape*

1

Make two lines of chairs to form a hallway. Tie a string to the back of a chair and string back and forth between the chairs.

2

Write several S's on paper and tape it to the back of the chairs next to each

3

Follow the string back and forth and find all the S's.



*Tips:*

*Have your child pull the string through, but help them as it can get caught and break.*

*Ask about the letter S along the way to help the child recognize the letter. Tell them about words that start with S, or ask what the letter is they're looking for.*

*For older kids, you can do the same sight word on each paper to practice! Repeat with different sight words.*



## Lava Lamp

*Supplies:*

- clear jar*
- water*
- vegetable oil*
- alka seltzer tablets*
- food coloring*

1

Fill a clear bottle 1/3 with water and 2/3 with oil.

2

Add food coloring.

3

Drop in Alka Seltzer tablets to watch it bubble up.

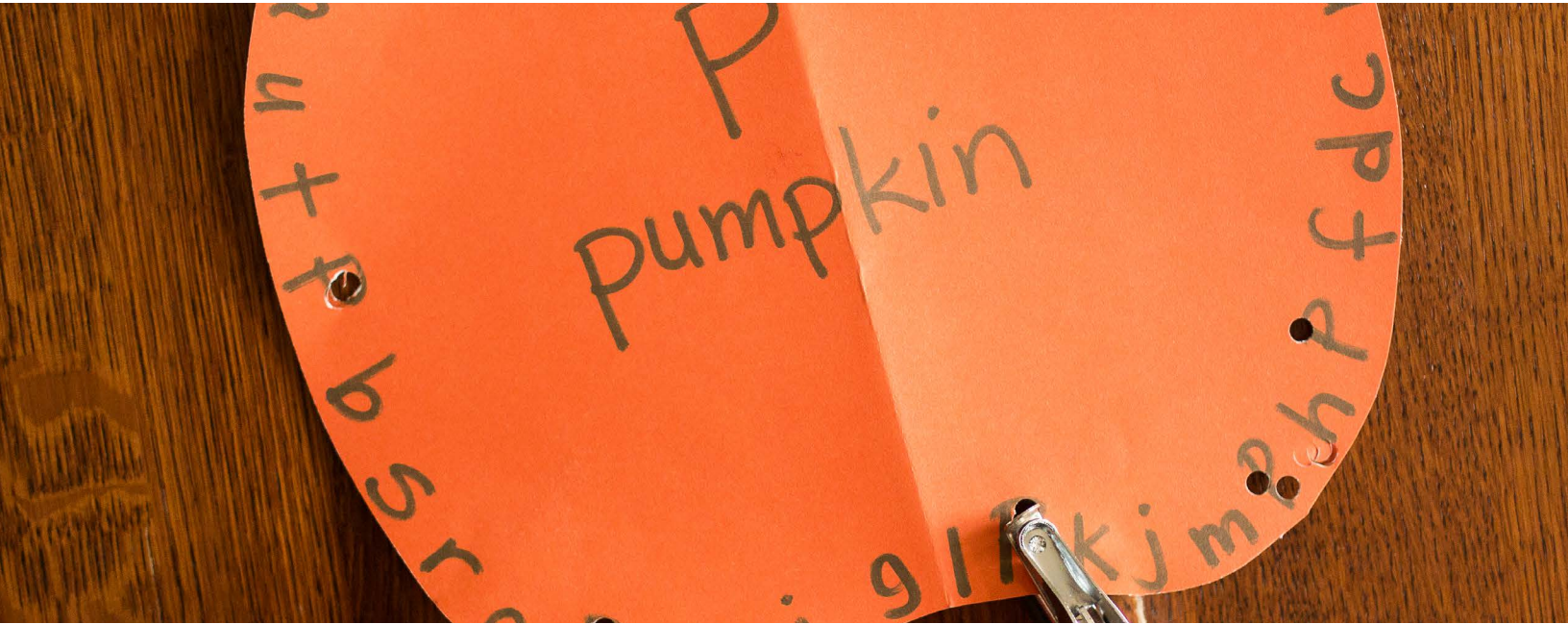


*Tips:*

*Use small jars, mason jars, or tall glasses work great!*

*Don't be afraid to let them use the whole pack of Alka Seltzer tablets!*

*No Alka Seltzer? This can be done with just salt too. Just reverse the water/oil ratios (mostly water) and dump salt in instead!*



## Clip the P on the Pumpkin

**Supplies:**

- orange cardstock*
- green scrap paper*
- marker*
- hole punch*

1

Cut a pumpkin shape out of orange cardstock. Add a stem.

2

Write the letter “P” several times around the edge of the shape. Fill in with other letters. Also write that letter in the middle, along with the word (P is for Pumpkin).

3

Punch a hole through every one of the letters that the object starts with. (Punch the letter Ps.)



**Tips:**

*Punching holes is tricky and takes practice and teaching. It takes a lot of fine motor control.*

*Clothespins are easier for younger kids and are great for strengthening hands.*

*Do all upper or lowercase for younger kids, or you can just do shapes on a square or circle. Mix upper and lowercase together for older kids.*