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Monday: Find various pairs of leaves in nature. Tape one of each leaf on the back of a piece of paper. Rub crayons over front side of the paper to show the leaf! Match the remaining leaf to the crayon rubbings.

*leaves from nature
crayons
white paper
tape*

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Tuesday: Write letters, words, shapes or notes on a piece of paper and put in a large baggy. Add rice on top of the paper. Let the kids 'spy' the letters through the rice.

*paper
marker or pen
gallon-size baggy
rice or oatmeal*

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Wednesday: Add a few drops of water to regular paint and place paper going down a slide. Have your child create art as they pour the paint down a slide!

*paint
water
paper
slide*

25

Thursday: Use canned foods from the pantry as blocks to stack towers!

canned food

26

Friday: Crank up the music and be an air band.

27/28

Over the Weekend: Try listening to an audiobook together to show all the uses of technology! You can rent them from your local library, or use [Audible.com](https://www.audible.com).

THIS MONTH'S THEME: Finding balance with screen time.



Match Leaf Rubbings

Supplies:

- leaves from nature
- crayons
- white paper
- tape

1

Go on a hunt around the backyard to find pairs of leaves. Get two of each.

2

Tape one of each of those leaves onto a piece of paper. Flip it over.

3

Rub crayons over the paper to reveal the leaf. Match up the remaining leaf with the crayon rubbing leaf.



Tips:

Make the hunt for nature an activity in itself! Maybe you find one leaf and have your child try to find it too.

Peel the crayon to use the side when creating the leaf rubbings.

When looking for the leaves, look for different textures and shapes of leaves.



I Spy Baggy

Supplies:

- paper*
- marker or pen*
- gallon size baggy*
- rice or oatmeal*

1

Write letters, words, shapes or notes on a piece of paper. Write the same on a paper as a list to find (a legend).

2

Slip the piece of paper into a clear baggy. Add rice to the baggy (on top of the paper).

3

Spy the notes through the rice. Cross off each item on the list as you find it.



Tips:

Rice too easy to move around? Add shaving cream to a second baggy and slip inside the other baggy. Slip the paper behind the baggy, inside.

Younger kids can simply match a shape to a shape, or a sticker to a sticker.

Older kids can match equations to their answers, upper to lowercase letters, or numbers to their corresponding number of dots.



Slide Painting

Supplies:

paint
water
paper
slide

1

Put a piece of paper to cover the slide.

2

Add a few drops of water to paint to water it down a bit.

3

At the top of the slide, pour the paint down the paper/slide to create a masterpiece.



Tips:

You can also add a ball, dip it in the paint and let it roll down.

To make the activity last longer, only give your child small cups of paint each time to dump, so its not dumped all in one go.

Older kids can mix different thicknesses of paint (add corn starch to make it thicker), and compare how fast they run down the slide.



Canned Food Blocks

Supplies:
canned food

1

Bring out as many canned foods as you have from the pantry to use as blocks!

2

Stack up the cans as best you can, making towers, or walls.

3

Knock 'em down and start again!



Tips:

Canned foods come in all sizes. This is a great opportunity for older kids to sort and stack them by size.

Do this on the floor and preferably on a soft surface (carpet or a rug). If the canned food falls down then it won't have far to fall and won't hurt little toes as much.

If you're worried about smashing little toes, have your child put on a pair of shoes first.