



4

Monday: Cut the end of a straw into 1/2 inch strips and flare them out. Dip the ends into paint and create fireworks on paper!

*paint
paper
scissors
straws*

5

Tuesday: Write letters on sticky notes and place them around the house (under and on top of the dining room table and chairs works great). Name a letter then stomp it! Repeat!

*sticky notes
markers*

6

Wednesday: Squirt shaving cream on a baking sheet. Write letters and numbers or make shapes with your fingers.

*shaving cream
baking sheet or tray*

7

Thursday: Snip straws into pieces. This is fantastic cutting practice. Straws are easy to cut, so its great for beginners.

*straws
scissors*

8

Friday: Play a game of ball as a family.

9/10

Over the Weekend: Observe times that you find yourself at your wits end or you have some down time. Decide if there's an activity you can do to help out, either to keep kids busy or to give them more attention.

Click [here](http://room.handsonaswegrow.com/wp-content/uploads/2016/06/When-Things-Get-Crazy-Sheet.pdf) to download the *When Things Get Crazy* sheet, or go to:
<http://room.handsonaswegrow.com/wp-content/uploads/2016/06/When-Things-Get-Crazy-Sheet.pdf>

THIS MONTH'S THEME: Finding time to do activities.



Create Fireworks with Straws

Supplies:

- paint
- paper
- scissors
- straws

1

Cut the ends of straws to make several strips about 1/2 inch into the end of the straw.

2

Flare out the ends of the straws.

3

Dip ends into paint and stamp onto paper to create fireworks!

Tips:

Use several straws for different colors of paint, so they don't mix.

Older kids may like to help cut the straws to make their fireworks unique to them.

Talk about fireworks you've seen, or are going to see, and all the colors they might be.





Obstacle Course

Supplies:
sticky notes
markers

1

Write letters on sticky notes and stick them on things around the house (such as on top of and under the table and chairs).

2

Have your child name the letter and stomp on it.

3

From there, name a letter close by and stomp on it, and so on.



Tips:

What makes this an obstacle course is where you place the sticky notes. Make it hard to get to, and let them break the rules.

Place the sticky notes close enough together that your child can step from one to another, but far enough apart that it's a stretch.

You can do this with anything your child is learning, whether it's letters, numbers, math facts, sight words, or shapes! Try it!



Shaving Cream Letters

Supplies:

*baking sheet or tray
shaving cream*

1

Squirt a large amount of shaving cream on a tray or baking sheet.

2

Have your child spread it out and use their fingers to write numbers.

3

Erase the number away by swiping your hand across it and start again!



Tips:

Anything can be written in the shaving cream: letters, numbers, sight words, math problems and so on!

No shaving cream? Try whip cream, or finger paint!

Keep the mess to a minimum by putting down a towel or shower curtain first.



Snipping Straws

Supplies:

straws

scissors

1

Lay out your supplies: straws and scissors.

2

Have your child snip the straws into pieces using the scissors.

3

Keep going!



Tips:

For older kids, you may want to challenge them by asking them to cut the straw into “6 pieces” or “3 pieces”.

An adult may need to hold the straw for younger kids to cut.

Turn this into a craft and thread the straw ‘beads’ onto string or ribbon to make a necklace.