



- 11** **Monday:** Use Q-tips, instead of a paintbrush, to paint a masterpiece.  
*q-tips  
paper  
paint*
  
- 12** **Tuesday:** Add fresh lemons to water and add other objects of the color yellow for a sensory experience. They will love all the stirring, pouring and squeezing of the different elements!  
*tub  
water  
lemons  
yellow objects  
measuring scoops and spoons*
  
- 13** **Wednesday:** Draw a maze of numbers in a grid pattern on the sidewalk. Walk through it, counting as you go!  
*sidewalk chalk  
sidewalk or pavement*
  
- 14** **Thursday:** Roll out a tube of play dough and pound golf tees into it using a toy hammer.  
*play dough  
toy hammer  
golf tees or toothpicks*
  
- 15** **Friday:** Go on a family walk/hike in nature.

- 16/17** **Over the Weekend:** Reflect on your family's routines. What must happen to make your days run smoother? What can you do for yourself?

Click [here](http://room.handsonaswegrow.com/wp-content/uploads/2016/06/Creating-Our-Family-Routines-Sheet.pdf) to download the *Creating Our Family's Routine* sheet, or go to:  
<http://room.handsonaswegrow.com/wp-content/uploads/2016/06/Creating-Our-Family-Routines-Sheet.pdf>

**THIS MONTH'S THEME:** Finding time to do activities.



## Q-Tip Masterpiece

*Supplies:*

- q-tips*
- paper*
- paint*

1

Set out a piece of paper along with Q-tips and paint.

2

Dip the Q-tips in the paint and use it just like you would a paintbrush.

3

Paint a masterpiece!



*Tips:*

*This is about the process and definitely not the end product. Let them explore.*

*What ways can you paint with it? Draw with the tip? Roll it on its side? Make dots?*

*Save their masterpiece! Hang it on the fridge, and take a photo of it for keeps. Your child will feel special.*



## Lemonade Sensory Play

**Supplies:**

tub

water

lemons

yellow objects

measuring scoops and spoons

1

Fill tub half full of water.

2

Add slices of lemons and other objects to water.

3

Play! Stir, pour and transfer the water, squeeze lemons and enjoy!



**Tips:**

*Adding the touch of real lemons makes this so much fun for kids to smell!*

*What do you have that's yellow? Kitchen utensils, hard plastic toys, or check for yellow flowers in the garden!*

*Include objects to scoop and pour (even if they're not yellow) for fun pouring and moving the water back and forth.*





## 123 Counting Maze

*Supplies:*

- sidewalk or pavement*
- sidewalk chalk*

1

Draw a grid on the sidewalk with chalk.

2

Fill in grid with numbers 1-20 (or as far as you'd like to go) from a starting point (1) to an end (20) in a path like a maze. Fill in with random numbers around it.

3

Have child walk through the maze counting from 1-20 in the correct order.



*Tips:*

*Add trucks or a tricycle to the mix to drive through the maze!*

*Make this easier for younger kids by only making the path of numbers and not filling in around it. Count with them as they walk through their 'maze'.*

*For older kids, leave a grid space blank for them to fill in with the correct number. What should be next?*



## Hammer Golf Tees

*Supplies:*

*play dough  
toy hammer  
golf tees or toothpicks*

1

Roll a thick tube of play dough and place on the table.

2

Poke a couple golf tees in the play dough to show what to do.

3

Set out golf tees and a toy hammer to pound them into the play dough!



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*Tips:*

*You can also do this with a piece of Styrofoam instead of play dough!*

*Add a fun element of using a real hammer! The kids will love using a real tool.*

*You can also use toothpicks instead of golf tees. They're just smaller and slightly harder to hit.*