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Monday: Head outside and use nature to make art! Create a caterpillar with rocks, or a letters with various objects from nature.

nature

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Tuesday: Make a ring toss! Cut the centers out of paper plates to make rings. Write the letters of their name on the bottoms of the cups. Toss the plates to ring the letters of their name.

*paper cups
markers
paper plates
scissors*

29

Wednesday: Draw squiggly lines of chalk on the sidewalk, paint them with water to erase them.

*sidewalk chalk
house paintbrushes
sidewalk
water*

30

Thursday: Go on a scavenger hunt around the yard to explore textures. Can you find something that's bumpy?

*nature
bucket or basket
(optional)*

1

Friday: Go for a walk and jump over all the cracks.

2/3

Over the Weekend: Take a closer look at your normal schedule and fill out the 'Finding Time' sheet.

*Click here to download the Finding Time sheet, or go to:
<http://room.handsonaswegrow.com/wp-content/uploads/2016/05/Finding-Time-sheet.pdf>*

THIS MONTH'S THEME: Finding time to do activities.



Earth Art

Supplies:
nature

1

Go outside and collect various objects from nature: rocks, leaves, pine cones, dandelions, sticks, etc.

2

Get creative and see what you can make from the objects!

3

Can you create a caterpillar with rocks? A face? Letters to spell something? Try it!



Tips:

Ask your child what is it they're creating, instead of guessing. This will give them an opportunity to talk about their design.

Create along side your child so they can see the possibilities to create.

Older kids can write their name with nature, or numbers or letters.

Challenge older kids to create a design using only 10 pieces of nature, or more specifically, 10 rocks (for example).



Name Ring Toss

Supplies:

- paper cups
- markers
- paper plates
- scissors

1

Cut the centers out of paper plates to make rings.

2

Write a letter on each cup to spell your child's name. Line up the cups.

3

Toss the plates to ring the letters of their name.



Tips:

If you don't have cups, you can also use small objects. Can you find an object that starts with every letter of their name?

Instead of their name, work on numbers, or letters, or shapes! Anything can be written on those cups.

No paper plates? Make rings out of pipe cleaners. Just make sure they're big enough to get around the cup!



Trace Squiggly Lines

Supplies:

- sidewalk chalk*
- house paintbrushes*
- sidewalk (pavement)*
- water*

1

Draw a bunch of lines on the sidewalk in sidewalk chalk. Criss-cross them, squiggle them all over!

2

Gather a tub of water and real paintbrushes.

3

Paint over the lines to trace them (and erase them)!



Tips:

For multiple kids, use a different color for each child.

Draw shorter lines for younger kids so they will finish and feel confident.

Have an older kid help draw the lines!



Texture Scavenger Hunt

Supplies:

bucket or basket (optional)

1

Explore what's in your own backyard!

2

Find something rough? smooth? pokey? prickly? and so on.

3

Once an object is found, describe it!



Tips:

For multiple kids, an older kid can take charge of describing a texture.

Younger kids? Show an example when you describe the texture. See this rock? It's smooth. Can you find something else that's smooth?

No backyard? No worries! Try it at the playground, or even indoors!