

20	Monday: Find a great walking stick and clip off any sprouts. Decorate it with paint to their desire.	nature's sticks paint paintbrushes pruners or loppers
21	Tuesday: Weave something with ribbon! What can the kids weave? Baby gate, stair railing, clothes basket, cooling rack.	ribbon or string something to weave
22	Wednesday: Fizzy experiment! Drop colored vinegar into a tray of baking soda using eye droppers.	vinegar baking soda food coloring eye droppers baking sheet or tray
23	Thursday: Spread corn meal onto a baking sheet to explore with measuring cups and spoons.	corn meal baking sheet or tray measuring cups, spoons
24	Friday: Build a fort and read in it in the dark tonight!	
25/26	Over the Weekend: Go on a field trip to some place where your child can do what they're good at. (Are they good at running? Make sure they can run where you go!)	
	THIS MONTH'S THEME: Getting to know your child.	





Make a Walking Stick



Go on a hunt to find the perfect walking stick.

Supplies:

nature's sticks
paint
paintbrushes
pruners or loppers

2

Clip off stray twigs and sprouts off of the main part of the stick to make it as smooth as you can.

3

Paint the walking sticks to your desire. Let dry. Go for a walk with your new walking sticks!



Tips:

The perfect walking stick is sturdy enough to add pressure to when walking (1/2" to an inch thick in diameter).

Pruning trees is the perfect time to find a walking stick!

If you use washable paint, be sure to store walking sticks inside in case it rains.





Ribbon Weaving

Supplies:

ribbon or string something to weave



Find something that has multiple holes to weave in and out of. This could be a stair or porch railing, baby gate, or even a clothes basket.

2

Start the weaving process with a ribbon to show how to do it.

3

Complete the weaving to the end and come back!



Tips:

It may help to tie an end of a ribbon onto the side of whatever it is you're weaving. Too simple? Make it more advanced by creating patterns with your weave, two in and two out.

Too difficult? Don't worry about the weaving, just let your child push the ribbon back and forth how they please.





Fizzy Color Experiment



Spread a layer of baking soda on a tray.

Supplies:

vinegar
baking soda
food coloring
eye droppers
baking sheet or tray

Add food coloring to a dish of vinegar.
Mix several different colors in separate dishes, if desired.

3

Suck up the colored vinegar using an eye dropper and squirt it onto the tray of baking soda. Watch it fizz.



Tips:

Keep the colors to two primary colors (otherwise it will turn brown) and you can see what color it makes! Even after all the vinegar is used, they can suck it up out of the tray and squirt it back in. It may or may not fizz at this point.

You can also use a spoon to scoop and pour vinegar.

The eye droppers are great for strengthening little fingers.





Corn Meal Sensory Play



Pour a handful or two of corn meal onto a baking sheet.

Supplies:

corn meal
baking sheet or tray
measuring cups, spoons, etc

2

Set out small cups and spoons.

3

Explore the corn meal with fingers, and scooping and pouring.



Tips:

This sensory activity can get messy, take it outside if possible, or place it inside another larger tub. Older kids can make writing marks in the corn meal. Spread it flat and use their finger to draw a letter, spelling words or numbers! For added fun, add toy trucks and cars to the mix and make roads.