

PLAY: Playful Activity Plans for Your Busy Toddler

Your two year old is crazy busy getting into just about everything. And you might just feel like ripping your hair out... ..because you just don't know what to do! And then you decide to try to do a craft. You spend hours searching for a craft to do and then more time going to store after store to find the right supplies. And then even longer prepping them... and you're exhausted before you even invite your two year old to join you. But its fun.... for about 5 minutes. And did the craft turn out like it was shown? Heck no! This is definitely a Pinterest fail. And you get upset that the craft didn't turn out and it just ends up becoming a huge fight and no one is having fun. *Where in there did the memories get created?* Hint: It was in the 5 minutes your two year old was having a blast creating that craft. And had nothing to do with how it turned out.

What if I told you I have a perfect solution that doesn't cost you hours of prepping activities and crafts?





PLAY: Playful Activity Plans for Your Busy Toddler

These are 35 hand-chosen activities that you can actually do with your toddler. You'll be guided on how to find that extra 15 minutes (that you don't have) to make time for the most important part of your life: your family.

What's inside the eBooks?



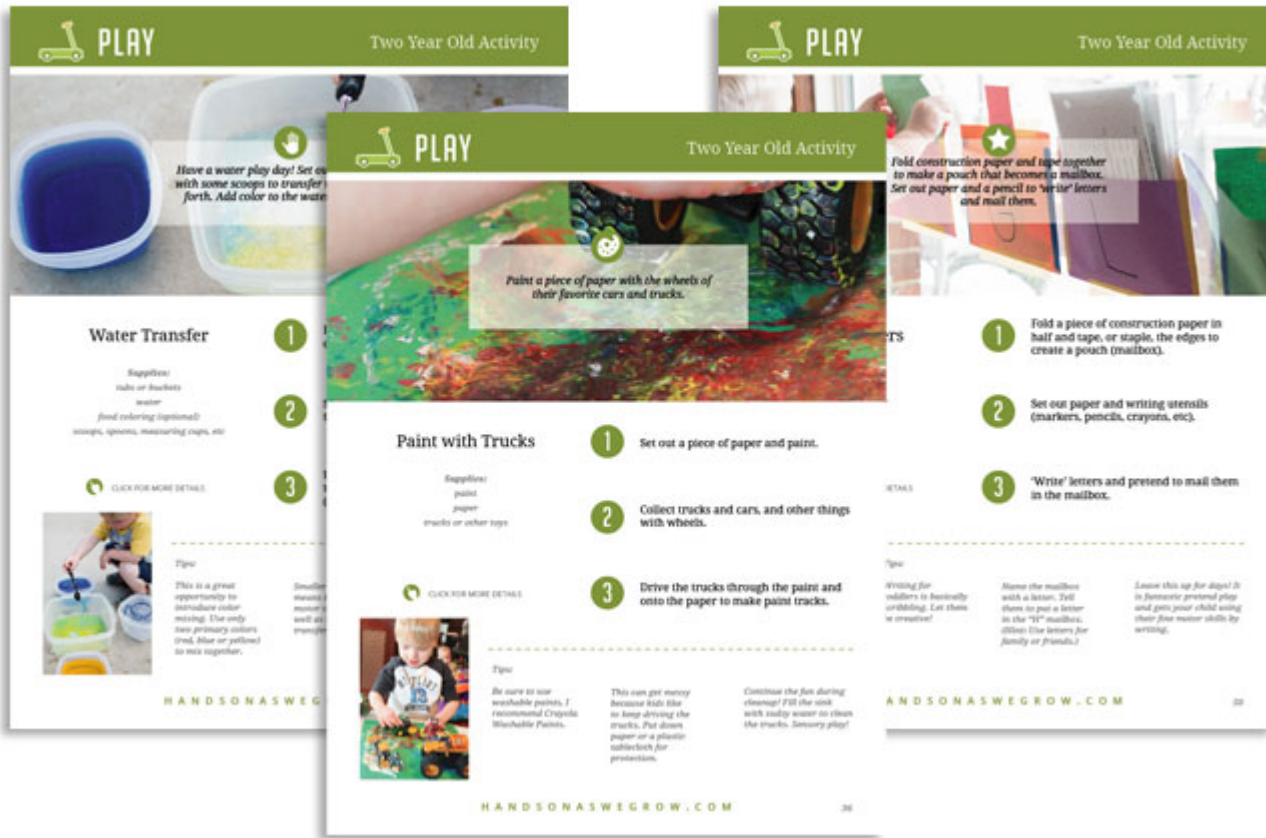
ROOM

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Make it Easy to Have Fun with Your Toddler!

They are the simplest of activities that use the supplies you have. An entire week of activities (plus a supply list) is on one sheet of paper, making it easy to print out and pin it up for the week. That also means that each activity is explained in 2-3 short sentences. There are printable activities, planners, and tips on how to do these activities! PLAY has five printable weeks of 35 activities to do with your child. These activities are the heart of the eBooks and are what sets these apart.



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Super Easy Way to Make Yourself Be Present

Having a planned week of simple (doable) activities ready for you to do with your preschooler, makes it super easy to actually do them! By having a simple place to come back and check off that you did the activities gives you a sense of accomplishment. That little push you need to help you go ahead and have some fun with the kids!



PLAY Two Year Old Activity Plan: Week One

- Monday:** Use tape to make roads and train tracks to create a whole city! Add toys to the city to play in for days. (page 21)
- Tuesday:** Roll out a tube of play dough and pound golf tees into it using a toy hammer. (page 23)

*parent's tape
tape
blocks*

*play dough
toy hammer
golf tees or toothpicks*

PLAY Two Year Old Activity Plan: Week Three

- Monday:** Paint a piece of paper with the wheels of their favorite cars and trucks. (page 36)
- Tuesday:** Add food coloring and oil to leftover cooked spaghetti. Put in a tub for little hands to explore. Add kitchen utensils to "cook". (page 37)

*paint
paper
tracks or other tape*

*cooked spaghetti
food coloring
oil (vegetable)
tub or bucket
kitchen utensils*

PLAY Two Year Old Activity Plan: Week Two

- Monday:** Tape two squares of tape on the floor, one inside the other to make a target. Use straws to blow pom poms into the target. (page 30)
- Tuesday:** Wad newspapers into "basketballs". Aim and shoot them into a basket! (page 31)
- Wednesday:** Make a paper bag mask by cutting two holes around the eyes. Decorate with paper and glue! (page 32)
- Thursday:** Tape cardboard tubes (toilet paper, paper towels) to a wall or the fridge. Drop pom poms through to fall into a tub at the bottom. (page 33)
- Friday:** Use unusual objects to paint! Make textures with combs, roll on the paint with a rolling pin, and try tape resist! (page 34)
- Saturday:** Spread flour on a baking sheet to explore! Move the flour around or try writing and making lines. (page 35)
- Sunday:** Play a new-to-you game together as a family.

*pom poms
parent's tape
straws*

*tub or bucket
newspapers*

*paper bag
colored paper scraps
scissors
glue*

*cardboard tubes
pom poms
parent's tape*

*paper
combs
rolling pin
paint
parent's tape*

*flour
baking sheet or tray*

PLAY Two Year Old Activity Plan: Week Four

- Monday:** Head to your local appliance store and grab a large box! Fill it with bits of newspapers and add little trinkets and treasures to dive in and find. (page 42)
- Tuesday:** Make a telescope from a plastic bottle. Cut off the bottom of the bottle. Decorate the sides with markers or colorful tape. (page 43)
- Wednesday:** Poke pipe cleaners through holes in a colander. (page 44)
- Thursday:** Tape two lines as the sides of the roads around the house! Create intersections and curves! (page 45)
- Friday:** Play with newspapers. Rip them up. Wad them up. Dip them in water for a squishy sensory. (page 46)
- Saturday:** Combine art and sensory with contact (sticky) paper taped to the floor, sticky side up. Decorate with small decorative items such as buttons and sequins. (page 47)
- Sunday:** Build a fort and read in it in the dark tonight!

*large box
trinkets and treasures
newspapers*

*plastic bottle
markers or tape
glue*

*pipe cleaners
colander (strainer)*

*parent's tape
city vehicles*

*newspapers
water
bowl or containers
food coloring (optional)*

*contact (sticky) paper
small craft items
parent's tape*

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Weekly Activity Planner!

A blank weekly activity planner is included in each eBook as well to help you plan each week going forward. Don't worry, there's plenty of more activities included to quickly plan your weeks!



Resources for Even More Fun!

Once you've mastered the planned weeks of activities, keep the fun rolling with the blank weekly activity planner on your own! Head to the resource section full of every kind of activity you're looking for to find ideas to fill it!

Need Another Activity When You're in a Pinch?

While the five weeks of activities are the heart of the eBooks, the Go-To Lists are my favorite. They're lists of all the different types of activities (there's 5 of these lists total in the set of books) with literally over 100 activities for all the ages to do! These are great activities to substitute during the five weeks if you don't have something on hand (which is unlikely since the supplies are all very common) or to use in your activity planning going forward.

have hit the lottery! Thanks for making my life easier!! – C.Ranson, OTR/L

Frequently Asked Questions:

Play Activity Plans Format: PDF download, 8.5" x 11", 81 pages **Method of Delivery:** You will receive an email with a link to download the PDF. There is a full eBook PDF as well as another PDF of just the printables that you can print at home (or keep a copy on your phone or tablet for handy ideas). **Can I see a sample of one of the pages?** You can see [samples weeks of weekly activity plans here](#). **Can I return the eBook?** The eBooks are a digital download, no, you cannot actually 'return' it. *But I do offer a 14-day money back guarantee.* With a 14-day money back guarantee you can purchase the eBook today. If you find it isn't a right for you, you get your money back. **Is this site secure?** Yep! Look for the "Secure" lock in your browser web address bar. **How do I open the eBooks?** The eBooks are in PDF format, you will need Adobe Reader to open them ([download it here](#)). **Can you mail me the activity plans?** These weekly activity plans are in digital format. You can also purchase a physical [print version of PLAY on Amazon here](#).